

OTTER TRAIL GUIDE

TIDES OCT 2024

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0605	1830	0319	1531	0910	2132
2	0604	1831	0346	1556	0934	2157
3	0603	1832	0413	1621	0958	2221
4	0602	1833	0438	1645	1022	2247
5	0601	1833	0504	1710	1047	2312
6	0600	1834	0529	1735	1112	2338
7	0558	1835	0555	1802	1138	---
8	0557	1835	0624	1833	0006	1208
9	0556	1836	0658	1915	0039	1247
10	0554	1837	0751	2021	0124	1351
11	0553	1838	0951	2243	0238	1630
12	0552	1839	1226	---	0602	1837
13	0550	1839	0038	1316	0703	1926
14	0549	1840	0132	1358	0744	2007
15	0548	1841	0216	1437	0820	2045
16	0546	1842	0257	1516	0855	2123
17	0545	1843	0337	1555	0930	2201
18	0544	1844	0416	1633	1005	2238
19	0542	1844	0454	1711	1041	2314
20	0541	1845	0531	1748	1117	2351
21	0540	1846	0608	1826	1155	---
22	0538	1847	0646	1907	0028	1237
23	0537	1848	0732	1959	0108	1331
24	0536	1849	0850	2152	0200	1631
25	0535	1850	1152	---	0404	1824
26	0534	1851	0006	1251	0621	1912
27	0532	1851	0103	1329	0708	1944
28	0531	1852	0143	1359	0741	2011
29	0530	1853	0216	1428	0808	2036
30	0529	1854	0246	1455	0835	2102
31	0529	1855	0316	1521	0901	2128

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

